

There are 2 types of Haberman Feeders: the Haberman and the Mini-Haberman. (Mini-Haberman is a shorter version for smaller infants) made by Medela.

Who should use this bottle?

- Children with clefts of the lip and/or palate
- Children with weaker sucks
- Children who have difficulty getting suction

What is special about this nipple?

- 3 different flow rates. Depending on how the nipple is positioned in the infant's mouth, the flow ranges from low to high (or slow to fast).
- The nipple works for babies who get tired or have weak sucks.
- The one-way valve prevents flooding.
- If the infant needs additional help, the caregiver can gently squeeze and release the nipple to deliver a controlled amount of formula into the infant's mouth.
- The feeder may reduce air-swallowing because it has a special air inlet groove, which allows air in at the same rate as formula is released from the bottle.



How to Put the Bottle Together:

- The parts include: Bottle, Nipple, Disc, Valve Membrane, and Collar.
- Fill the bottle with formula.
- Press the valve membrane into the upper side of the disc completely.
- Place assembled valve membrane into the nipple. Be sure that the valve membrane and the high rim of the disc are facing the inside of the nipple and the disc point is down toward the bottle.
- Place the nipple assembly on the bottle, and screw all of the parts together using the collar.

How to Feed:

- First fill the nipple by holding the feeder upright, and squeeze the nipple to release some air out of the nipple.
- Continue to squeeze the nipple, and tip the feeder upside down.
- Release the nipple, and the formula will fill the nipple. As the infant feeds, the nipple will automatically refill.
- To control the flow of formula, select the flow rate on the nipple. The nipple has 3 rates~ low, medium, and high. Each flow rate is represented by a line on the nipple. The shortest line is low flow, the medium line is medium flow, and the longest line is high flow. Point the desired flow line upward (under the infant's nose).
- If the infant needs help with feeding, gently squeeze and release the reservoir of the nipple. This technique will put a small amount of fluid into the infant's mouth. Always give the infant time to swallow before squeezing again. Try to establish a good rhythm in harmony with the infant's suck and swallow.

How to Clean the Nipple and Bottle:

- After each feeding, flush cold water through the slit in the nipple to remove as much formula as possible.
- Do not turn the nipple inside out or push brushes through the slit.
- When cleaning, take the feeder apart; make sure that the valve membrane is separated from the disc.
- Wash all of the parts in warm soapy water. Rinse thoroughly with cold water.
- Do not boil the nipple or bottle in water or use in a dishwasher. Boiling the nipple may soften it.

How to Order the Nipple and Bottle:

You can order the Haberman Feeder, Mini-Haberman Feeder, or the individual parts of these feeders.

- Call New Visions, Mealtime Catalog at 800-606-3665
www.new-vis.com
- Call Imaginart Communication Products at 800-828-1376 “Pro Ed”
www.proedinc.com
- Call Medela at 800-435-8316 / www.medela.com

For more information on this handout, contact the author Krisi Brackett MS SLP/CCC at Kbracket@unch.unc.edu. Last reviewed 4/15/2004.