

Telability Training
Risk and Resiliency
June 24, 2011
Lisa Allred Draper, LCSW

- I. Definition of Risk and Resiliency
- II. Youth Resiliency Models
 - A. Youth Resiliency Model including Intrinsic and Extrinsic Components (Wayne Hammond, PhD, www.cwlc.ca/pdfs/NurturingReliliencyInYouthAndCommunity.pdf)
 - B. Theory of Risk and Resiliency (Eric Vance, MD, and Horacio Sanchez) <http://www.ncdhhs.gov/mhddsas/childandfamily/bestpractice/risk-resiliency-vance.doc>
 - C. Common categories: Individual, Family, School, Community
- III. Ways to Assess Risk and Protective Factors
 - A. Brief Resiliency Checklist (Vance and Sanchez, 1995) and Interviewing
 - B. Ecomap
 - C. Collateral sources
- IV. Strategies to Diminish Risk and Promote Protective Factors
 - A. Child Focused
 - B. Family Focused
 - C. School Focused
 - D. Community Focused
- V. Specific Interventions: Hope for Children Model
- VI. Questions: Case Discussions